

Dove Tales



RESIDENTIAL AGED CARE
OPENING OF HOLY SPIRIT
CASULA

HOME CARE
WELLNESS CENTRES
FOR HOLISTIC CARE

BEHIND THE SCENES
SUPPORT WITH LIFE'S
JOURNEY

Dove Tales Autumn 2021

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At a glance



42

RESIDENTIAL AGED CARE HOMES



12

RETIREMENT COMMUNITIES



2

HEALTHCARE SERVICES



4,543

HOME CARE CLIENTS



4,200

EMPLOYEES



1,050

VOLUNTEERS



About us

Catholic Healthcare is a trusted, leading not-for-profit provider of residential aged care, home care, retirement living and healthcare reaching across the east coast of Australia.

We have a strong and proud history of providing care and support to people of all faiths, backgrounds and ethnicities, for more than 26 years.

We are passionate about enriching our clients' lives and offer services to nurture the body, mind and spirit. Our person-centred holistic approach focuses on the client's wellbeing with a continuum of care that is tailored, flexible and covers every stage of life's journey.

Today, Catholic Healthcare operates 42 residential aged care homes, 12 retirement living communities, two healthcare services and provides services to around 4,000 persons in the community.

Welcome to the Autumn edition of *Dove Tales*



The Government has recently released the final Royal Commission Report into Aged Care. In the Report, titled *Care, Dignity and Respect*, Royal Commissioners Tony Pagone QC and Lynelle Briggs AO call for fundamental reform of the aged care system.

Catholic Healthcare supports the Report's 148 recommendations and will be advocating for a strong Government response in May. But it's not just about the Government's response. Catholic Healthcare is fully committed to the challenge set by the Commissioners to create a new aged care system that supports people to live fulfilling lives as they age with dignity, respect and enjoyment. We are also driving our own initiatives in response to these recommendations.

We've had a busy start to the year with the opening and blessing of our newest Home, Holy Spirit in Casula. This event also marked the launch of our new Home and Community Services hub to provide Home Care support for seniors in that region. You can read more in this edition.

We continue to make progress on our plans for growth and expansion with the construction of our new Home in Norwest to be completed later this year and Stage 1 development of our new Retirement Living units for St Hedwig Village in Blacktown.

We are proud to be joining more than 1,000 organisations in supporting a new campaign titled, 'It's Time to Care About Aged Care'. The time is right to encourage Government to fund a world-class, sustainable aged care system that enables senior Australians, and those who care for them, to live life to the full. Please go to our website catholichealthcare.com.au/news/its-time-to-care-about-aged-care-campaign to watch the video and find out how you can help.

Catholic Healthcare's first Modern Slavery Statement is almost complete. Recently, our organisation joined together with a number of other Catholic providers who are united in a desire to address the troubling issue of modern slavery. Our organisation engages with a range of suppliers of goods and services and looks forward to

working with them to raise awareness of the important issue of modern slavery and to progressively refine procurement practices. We will share the Statement on our website when completed.

We welcome Anne Carroll, with a particular expertise in clinical governance, who has been appointed to the Board of Catholic Healthcare Limited effective 1st January 2021.

On 8th March we recognised International Women's Day which celebrates the tremendous efforts by women and girls around the world in shaping a better future. Everybody at Catholic Healthcare has an equally important role to play in delivering our services, however on this day we acknowledged the women in our organisation both in leadership and on our frontline. This year we held a Q&A Panel Discussion with some of Catholic Healthcare's leaders, including Anne Walker, Vice Chair of Trustees; Rebecca Davies AO DCSG, Board Director and Therese Adami, General Manager Home and Community, moderated by Julie Toma, Head of Marketing and Communications.

This edition of *Dove Tales* includes a feature article about our focus on dietician approved, seasonal menus and fresh produce. Stories also cover residents from St Peter's Green with green thumbs, how our Wellness Centres provide holistic care, how we support clients like Elsie to live life on her terms, our Scholarship Program, and as part of our 'Behind The Scenes' segment we introduce you to Tom Davies, Pastoral Care Coordinator at Coolamon Villa in Mullumbimby who provides spiritual support to residents and their families. We hope you enjoy reading stories from our teams.

DAVID MAHER, MANAGING DIRECTOR

CATHOLIC HEALTHCARE OPENS ITS NEWEST HOME

Holy Spirit in Casula

Catholic Healthcare is excited to celebrate the official opening and blessing of our newest Residential Aged Care Home, Holy Spirit in Casula.



The event also marks the launch of a new Home and Community Services hub based at Holy Spirit providing Home Care support to local seniors. Located in the heart of south west Sydney, the Home features private bedrooms with ensuites and a dedicated Memory Support Wing for residents living with dementia.

Holy Spirit is modern and architecturally designed, offering a range of lifestyle services and activities for residents to enjoy. The Home nurtures a sense of community with warm and inviting lounge and dining areas, light-filled courtyards and gardens, and a range of amenities including a café, Chapel, gym, physiotherapy rooms, games rooms, hair salon, and a community Wellness Centre.

The official address and plaque unveiling was conducted by Ms Melanie Gibbons MP, Member for Holsworthy, followed by a blessing of the Home by the Most Reverend Terence Brady DD VG EV, Auxiliary Bishop of the Archdiocese of Sydney. Catholic Healthcare representatives were also in attendance.

“Holy Spirit is a much-needed welcome addition to the south west Sydney community,” said Ms Gibbons. “We have an ageing population and high demand for aged care options in the area. Holy Spirit will fulfil this need. It is a beautiful, classy home where staff are committed to

treating residents, clients and each other with respect and dignity.”

Newly appointed Residential Manager at Holy Spirit, Elaine McRory said, “At Holy Spirit, we will build a sense of community and support people of all faiths, backgrounds and ethnicities. We are privileged to work in our residents’ home, and we welcome families, friends and their furry, four-legged pets to visit.

“Our Enrich Model of Care is aligned with best practice and reinforces our respect for each individual. We look forward to welcoming residents to their new home,” added Elaine.

“It has been a highlight of my career to be the Project Manager for Holy Spirit, Casula,” said Iulia Brooks from Catholic Healthcare’s Property team.

“The carefully considered design has resulted in a Home where residents can enjoy many amenities. Different door designs and colours have also been used for each resident’s room, helping to individualise the spaces and assist with memory recognition.

“My favourite space is the Chapel and the beautiful stained-glass window which is hand-painted and where the light changes at different times of the day. It’s such a peaceful and restful place.

“Another special feature is the display of historical photographs of the Liverpool area. These archive images were sourced from Liverpool City Council and local libraries, and include photos of the original Liverpool pool, local pubs, shopping strips, and the old Liverpool stand at Warwick Farm Racecourse,” added Iulia.

General Manager, Residential Care, Andrew Kinkade said, “We are delighted to welcome our first residents to Holy Spirit, Casula and look forward to serving the local community in the years ahead.”

Following the opening and blessing, attendees enjoyed light refreshments and an opportunity to tour the Home.

For more information on Holy Spirit, Casula visit
casula.catholichealthcare.com.au



CATHOLIC HEALTHCARE'S LEADERSHIP TEAM AT HOLY SPIRIT CASULA

More THAN A MENU

In Catholic Healthcare's Residential Aged Care Homes, beautiful, thoughtfully prepared meals are a highlight.

We offer nutritionally balanced meals and focus on the dining experience for residents including the atmosphere, cutlery and crockery, food presentation, temperature, texture and taste.

Sheridan Fredericks, Catholic Healthcare's Hotel and Support Services Manager says, "With a strong focus on nutrition, health and wellbeing, our accredited dieticians approve all seasonally developed menus with fresh produce. We prepare a menu guide for all our chefs, but the final menus are tailored on site at each Home with input from the residents and their families. The chefs aim to cater for the needs and tastes of our residents which has a positive impact on their mood and wellbeing.

"We also get inspiration from renowned cook, Maggie Beer and chefs including Peter Morgan Jones and Amanda Orchard who specialise in improving food experiences for senior Australians living in aged care homes. We follow the Australian Dietary Guidelines for people over seventy and take advice from the independent advisory group, Dietician Centre, Leading Nutrition."



HEAD CHEF AT HOLY SPIRIT CASULA, DIMITAR

Head chef at the newly opened Holy Spirit in Casula, Dimitar Stavreff, takes a particular interest in preparing home-style meals which are familiar, appealing and nutritious.

"Food is such an important part of our lives," says Dimitar who has over 25 years' experience as a chef. "Holy Spirit will have over 100 residents living at the Home, all with their own tastes and food preferences. My vision is to provide fresh, home-style meals inspired not only by traditional Australian favourites but also cultural dishes loved by the residents who come from a variety of backgrounds.

"I have finalised my first menu featuring meals including chicken cacciatore, New York meatloaf and veal schnitzel. We will also have Atlantic salmon fillets with hollandaise, seared lamb cutlets, plus vegetarian options and meals catered for residents with special dietary requirements. In aged care we need to keep in mind changes to palates due to medications and swallowing, with our team skilled in preparing textured modified food for residents requiring this service.

"I'm looking forward to cooking and serving meals and snacks which are such an important part of a Home's daily routine. Residents will be able to select from at least two options for each meal. If a meal doesn't suit, we will find an alternative. The aim is to be flexible and seek resident feedback so everyone can have input into the menu options."

Once residents have settled in at Holy Spirit, Dimitar will arrange menu focus meetings to gather feedback, discuss what's working and brainstorm possible alternatives which still meet aged care nutritional standards. These menu focus meetings will take place regularly as new residents move into the Home.

"I'll also be working with the Home's lifestyle officer to hold special cultural food days, food to match theme days like St Patrick's Day or Melbourne Cup Day, and we have a great BBQ area ready to go."

"Good food is such an important part of our lives."

-Dimitar



Green thumbs

AT ST PETER'S GREEN

The residents of St Peter's Green Retirement Living Village in Lane Cove North are enjoying the fruits of their labour with a flourishing vegetable and herb garden.

Last spring, vegetable gardens and raised beds were installed guided by two green thumb residents, Bev and Sylvia. Karen Wacando, Residential Manager of St Peter's Green, went along with Bev and Sylvia to a local nursery to purchase the herbs and vegetable seedlings.

Six months on, with plenty of warm sun and rain, the gardens are blooming with produce which is shared amongst all the residents. There are tomatoes, capsicum,

celery, spinach, lettuce, zucchini, string beans and spring onions. For something sweet there's rhubarb and strawberries. And a wide selection of herbs from parsley and sage to mint and basil.

"Bev and Sylvia, along with the Gardening Committee, have done a fantastic job watering and maintaining the garden beds," says Karen. "They are more than happy for all our residents to take produce from the gardens. There's an honesty box where we ask for a donation of a few dollars in return which goes towards fertiliser and more plants."

"It's such a pleasure seeing the produce grow and thrive, and everyone able to pick fresh vegetables and herbs as they need them," says Bev. "Especially items like spinach and lettuce. It's much better value to be able to pick just a few leaves rather than buy a big bag which you never get through."

"The baby tomatoes have done really well over the summer, as have the basil, chives and mint. I am heading out to the local Bunnings today to get some more spinach, string beans and lettuce. They seem to be the favourites!"

"Catholic Healthcare has also installed some new water tanks so we are looking forward to using stored rainwater to keep the garden beds looking their best."



ST PETER'S GREEN RESIDENTS, BEV AND SYLVIA

For more information on St Peter's Green Retirement Living Village visit catholichealthcare.com.au/residence/st-peters-green or call 1800 225 474

WELLNESS CENTRES FOR *Holistic Care*



At Catholic Healthcare, our Wellness Centres focus on enriching your health, wellbeing, and lifestyle. The centres promote social connection, fun, confidence, security and wellness.

You can choose from a range of activities focusing on health and wellbeing, independence, self-expression, and companionship such as games, trivia, arts and crafts, music appreciation, outings and more. All our activities are delivered by our team of caring and skilled healthcare professionals.

We also offer support for clients living with dementia. Our programs and activities can help with nutritional, exercise, and recreational needs.

Our Wellness Centres are located across Sydney and regional NSW and we welcome new and returning clients. We also have a new Wellness Centre opening soon within our Residential Aged Care Home, Holy Spirit in Casula. This centre will provide a hub for local seniors in the south west Sydney

region to meet and socialise, as well as get involved in activities like our Walking with Confidence and Feel Fit programs.

Wellness Centres are currently open in Dubbo, Hamlyn Terrace, Casula, Wahroonga, Waterloo, Willoughby, Eastwood, Meadowbank, Hornsby, Thornleigh and West Ryde.

Our Wellness Centres are hubs that connect our community of clients, where you can participate as much or as little as you choose with a calendar of leisure activities from music through to cooking and day trips – or simply enjoy a game of cards or chess with some light refreshments or a meal. You can also access professionally developed programs that are so much fun while you're keeping 'age fit'.

DAY-TO-DAY LIVING SUPPORT

- Light refreshments and meals
- Medication monitoring
- Personal care
- Transport to and from the centre
- Dementia care
- Access to counselling
- Respite for carers
- Overnight care

ACTIVITIES

- Social support in a group setting
- Activities including board and card games, trivia, arts and crafts, gardening, music appreciation
- Group outings and walking groups
- Movement therapy classes

HEALTH AND WELLBEING

Our personalised services are designed to assist you to:

- Develop and maintain your capacity for independent living and social interaction
- Meet your nutritional, recreational and physical health care goals
- Reduce issues such as anxiety, depression and loneliness
- Easily move from the home environment to the Wellness Centre, ensuring a continuum of care

For more information visit

catholichealthcare.com.au/homecare/day-centres or call 1800 225 474

Did you know

YOU COULD USE YOUR HOME CARE PACKAGE TO PREPARE FOR A SPECIAL EVENT?

Do you have plans to celebrate a special event with family and friends, such as Easter lunch or a birthday get-together? If so, why don't you consider using your Home Care Package to help you prepare for your special day?

You can book transport to your hairdresser, have your home spring cleaned or book a meal delivery service so you can entertain family and friends at home.

Catholic Healthcare has released a series of five new videos featuring the benefits of a Home Care Package. These videos are a great tool to help people navigate what a Home Care Package is and what it can be used for to help seniors live at home independently while staying connected to community, receiving help with home maintenance, and meal preparation.



To view the videos visit

catholichealthcare.com.au/news/new-videos-on-the-benefits-of-a-home-care-package
or call Catholic Healthcare on 1800 225 474



SUPPORTING SENIORS

to live life on their terms

Jane Dobrovits, Care Advisor for the Northern Sydney region, shares a recent story about how Catholic Healthcare is supporting seniors to live life on their terms, so they continue living life to the full.

At Catholic Healthcare, we offer our clients and their families a single trusted aged care provider and a continuum of care that covers every stage of life's journey. We offer peace of mind, safety and security to help our clients with all their care and accommodation needs, whether it be help at home care, residential aged care, retirement living or respite.

Elsie is an 89-year old client who was receiving a home care package with Catholic Healthcare. "As a home care client, she would never entertain the idea of moving into a residential aged care home. Ever!" says Jane.

"Elsie was living in public housing in Marsfield but a couple of months ago there were plumbing issues in her unit and she had to be relocated for a week. Elsie chose to move into a serviced apartment across the road as it was close to home," she adds.

"It quickly became apparent that the apartment was unsuitable for Elsie's needs. She couldn't even go down to the kitchen to have something to eat. Elsie was miserable and asked me for help.

"I started ringing around for alternate accommodation options and suggested a residential aged care home. By this stage, Elsie was desperate, cold and hungry.

"I rang our McQuoin Park Home in Wahroonga and given her circumstances, asked if they would they take Elsie for a week. McQuoin Park agreed and offered her a respite care place.

"It is such a beautiful Home and better than any resort I have ever stayed in."

-Elsie



ELSIE AT MCQUOIN PARK

"One of our Community Workers helped Elsie move into the Home and I took her to get a flu shot.

"The staff and residents at McQuoin Park were very friendly, welcoming and caring. They said to Elsie, if you like it here you can stay! So, she did just that. McQuoin Park offered Elsie a permanent concessional place in the Home."

Elsie says, "It is such a beautiful Home and better than any resort I have ever stayed in."

"Elsie's sons who live in Melbourne are over the moon and Elsie is extremely happy, grateful and delighted with her new home," says Jane.

For more information on how Catholic Healthcare can support seniors with a continuum of care that is tailored, flexible and covers every stage of life's journey visit catholichealthcare.com.au

INVESTING IN OUR PEOPLE

Scholarship Program

Catholic Healthcare is passionate about supporting, growing, and developing our people. Our annual employee Scholarship Program is a great example of how we demonstrate this commitment in real and practical ways.

Investing in knowledge and capability development of our people is an essential ingredient for delivering great quality care and service, and helping to keep our people engaged and confident delivering the great work that they do every day.

Each year through our Catholic Healthcare Scholarship Program, we offer financial scholarships to team members who are currently undertaking, or who are planning to commence, a course of study that relates to a career in aged care. It could be a Certificate, Diploma, Undergraduate or Post Graduate program in areas as diverse as personal care, nursing and catering.

In 2019, in recognition of how important this program has become, we doubled the funding available and this has allowed us to provide more opportunities for our people to apply for scholarships and benefit from this valuable program.

Across our organisation we have 40 Scholarship holders for 2021 who are embarking on, or continuing with, a wide range of study areas spanning nursing, training and development, catering and more. As our people grow in their learning and gain new qualifications, we actively seek opportunities at Catholic Healthcare where they can develop, grow and apply their new skills and knowledge.

Some inspiring stories from current 2021 Scholarship Program recipients:

JACINTA COSGROVE
Community Worker Team Leader, Home Care, Orana

"I am studying a Certificate IV in Training and Assessment. This qualification will strengthen my current role and will benefit our region in the long term. As I am also an Enrolled Nurse, the certificate will assist with staff inductions, learning and support. I particularly like the training element of my role and am always looking at ways to improve. As my role evolves, I will be better able to adapt and support change."



HEIDY CERPA
Procurement Manager, Macquarie Park

"As part of the Scholarship Program, I am studying to become a certified member at the Chartered Institute of Procurement and Supply Chain (CIPS) with a focus on Ethical Sourcing Procurement. This will help me in my role to guide our efforts as an organisation to meet our ethical product and service sourcing obligations under the Modern Slavery Act. I also find it personally rewarding."

SUPPORT WITH LIFE'S JOURNEY

A Residential Aged Care Home is a busy place... nurses attending to resident needs, catering preparing meals, lifestyle officers running events and activities.

Amidst all of the work there are dedicated people who ensure the holistic needs of residents are responded to through spiritual care.

They provide comfort, healing, or just a friendly face in times of change, illness, loss or grief. These staff members are part of Catholic Healthcare's Pastoral Care team, an integral component of our Enrich Model of Care. Safe, friendly, inclusive and free from judgement, Pastoral Care practitioners and volunteers reach out to those in need, providing spiritual and emotional support to residents, Home Care clients, and their families.

Tom Davies, Pastoral Care Coordinator based at Coolamon Villa in Mullumbimby, is one of a 30-strong team of Pastoral Carer practitioners who work across Catholic Healthcare.

"My role is to provide spiritual support to our residents and their families, in which ever way that spirituality is expressed by them," says Tom. "Spirituality can be religious, or it could be family, music, a love of sport or nature. I ensure residents connect with their unique spiritual, emotional and wellbeing needs which means the most to them.

"We offer guidance and spiritual companionship to anyone who needs it regardless of background, faith or belief system. We can sit with residents and listen, take in what they have to say, and bring empathy and understanding, helping them find meaning and purpose in a situation."

Originally from Wales, Tom moved to Australia as a young man, met a local Mullumbimby girl while studying in Queensland and moved to regional Northern NSW a few years ago. Tom and his wife live close to Coolamon Villa with their two year-old son with another baby on the way.

"I studied literature and then completed a Graduate Diploma in Psychology," continues Tom. "I wanted to obtain some practical experience in counselling so applied for the Pastoral Care role at Coolamon. I am enjoying it so much, getting to know all the residents.

"I am particularly inspired by the book, *The Wounded Healer* by Henri J M Nouwen, and the message that as



TOM DAVIES AT COOLAMON VILLA

Pastoral Carers we are not counsellors. We are not here to 'fix' things, we enter a journey with residents and their families – we travel with them.

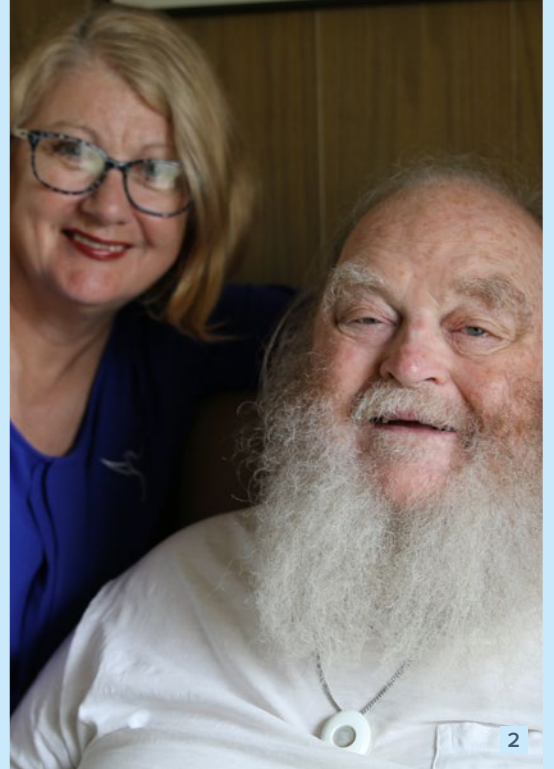
"For a person in the last stage of their journey, I provide comfort and companionship. Being there when someone is dying is one of the greatest privileges of my life. Yesterday a man started to decline very rapidly. I sat with him and made him comfortable in line with his wishes. Something happens during that witnessing – you see a small reflection of the divine."

Catholic Healthcare's Mission theme for 2021, Reaching Out, resonates with Tom.

"Our Mission is to promote life in all its fullness and we do this by 'reaching out' to our residents, their families and our colleagues. We work together every day to build bridges and create connection."

Catholic Healthcare's Pastoral Care service can be accessed as part of a Government funded Home Care Package or in our Residential Aged Care Homes. Call us on 1800 225 474 if you want further information on Pastoral Care or visit

catholichealthcare.com.au/homecare/popular-services/pastoral-spiritual-care



Our Community



- 1 Resident Hazel, from Percy Miles Villa Aged Care in Kirrawee, celebrated her 100th birthday recently surrounded by family and friends.
- 2 Care Advisor for Northern Sydney, Jane, enjoying a catch up with Home Care client Ken.

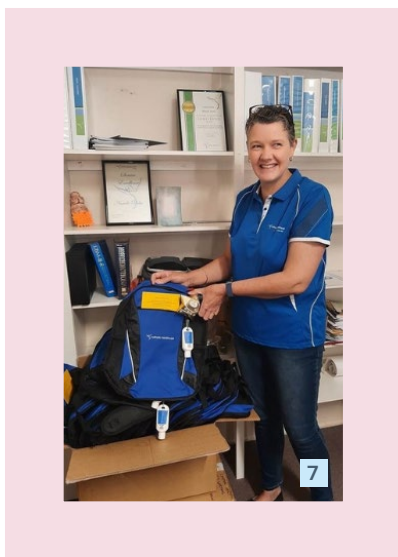
- 3 McQuoin Park residents, Eileen and Mary are 105 years old and still enjoy being active in the Home.
- 4 The Vincentian Aged Care community were delighted to celebrate resident Annemarie's recent 101st birthday.



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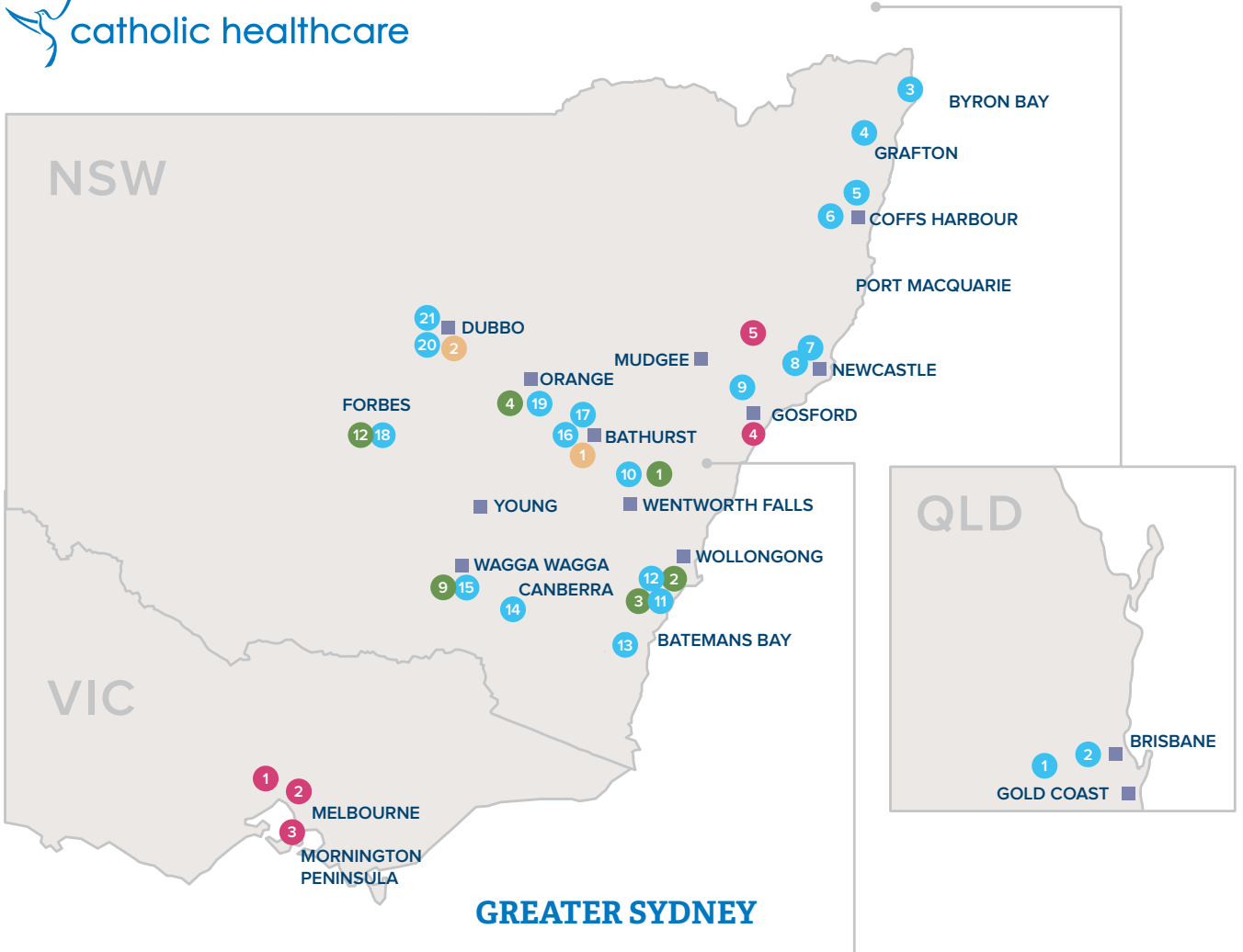


10

5/6 Residents and families from Villa Maria, Fortitude Valley celebrating Valentine's Day.
 7 Narelle Pabis, Home Care Regional Manager, Central West loving the new backpacks and merchandise for Community Workers.
 8 Ms Melanie Gibbons MP with Managing Director David Maher at the opening of our newest Home, Holy Spirit in Casula.

9 Anne Carroll, Board Member Catholic Healthcare, and Macquarie Park staff enjoying our International Women's Day event.
 10 Rebecca Davies, Julie Toma, Anne Walker and Therese Adami – guest speakers at our International Women's Day event.

Our locations



RESIDENTIAL AGED CARE

- VILLA MARIA CENTRE**
Eastern Heights
- VILLA MARIA**
Fortitude Valley
- COOLAMON VILLA**
Mullumbimby
- ST FRANCIS AGED CARE**
Grafton
- ST AUGUSTINE'S AGED CARE**
Coffs Harbour
- ST JOSEPH'S AGED CARE**
Coffs Harbour
- CHARLES O'NEILL**
Mayfield West
- ST JOHN'S VILLA**
New Lambton
- OUR LADY OF LORETO GARDENS**
Hamlyn Terrace
- BODINGTON**
Wentworth Falls
- ST MARY'S**
Berkeley
- VILLA MARIA CENTRE**
Unanderra
- MARANATHA LODGE**
Batehaven
- BLAKENEY LODGE**
Tumut
- THE HAVEN**
Wagga Wagga
- MACQUARIE CARE CENTRE**
Bathurst
- ST CATHERINE'S**
Bathurst
- JEMALONG RESIDENTIAL VILLAGE**
Forbes
- ST FRANCIS AGED CARE**
Orange
- ST MARY'S VILLA**
Dubbo
- HOLY SPIRIT DUBBO**
Dubbo
- BETHLEHEM HOUSE**
Kogarah
- BRIGIDINE HOUSE**
Randwick
- EMMAUS VILLAGE**
Kemps Creek
- GEORGE MOCKLER HOUSE**
Mona Vale
- GERTRUDE ABBOTT AGED CARE**
Surry Hills
- HOLY SPIRIT AGED CARE**
Revesby
- HOLY SPIRIT CROYDON**
Croydon
- LEWISHAM NURSING HOME**
Lewisham
- LEWISHAM RETIREMENT HOSTEL**
Lewisham
- MCQUOIN PARK**
Wahroonga
- PERCY MILES VILLA**
Kirrawee
- THE SISTER ANNE COURT**
Surry Hills
- ST ANNE'S AGED CARE**
Hunters Hill
- ST BEDE'S HOME**
South Hurstville
- ST JAMES VILLA**
Matraville
- ST JOSEPH AGED CARE**
Hunters Hill
- ST PAUL'S**
Northbridge
- ST PETER'S**
Lane Cove North
- VINCENTIAN AGED CARE SERVICE**
East Sydney
- ST HEDWIG VILLAGE**
Blacktown
- HOLY SPIRIT**
Casula

HOME CARE

You will find us in regional and metro areas across NSW and South East QLD. Only key locations are shown here, please enquire to find a service near you.

RETIREMENT LIVING

- AQUINAS COURT**
Springwood
- BISHOP McCABE RETIREMENT VILLAGE**
Towradgi
- ST MARY'S RETIREMENT LIVING**
Berkeley
- THE BAILLY**
Orange
- EMMAUS RETIREMENT VILLAGE**
Kemps Creek
- THE BRIGHTON**
Croydon
- ST PETER'S GREEN**
Lane Cove North
- CHARLES O'NEILL**
Mona Vale
- THE HAVEN**
Wagga Wagga
- ST HEDWIG VILLAGE**
Blacktown
- MCQUOIN PARK RETIREMENT LIVING**
Wahroonga
- JEMALONG RESIDENTIAL VILLAGE**
Forbes

HEALTHCARE

- ST VINCENT'S HEALTH & COMMUNITY SERVICES**
Bathurst
- LOURDES HOSPITAL & COMMUNITY HEALTH SERVICE**
Dubbo

NEW DEVELOPMENTS

- CAROLINE SPRINGS**
- MOUNT MARTHA**
- RICHMOND**
- KINCUMBER**
- MORPETH**
- BAULKHAM HILLS**
- MAROUBRA**
- BELROSE**
- JORDAN SPRINGS**

MAKE A DIFFERENCE

At Catholic Healthcare, we seek to nurture each individual, promoting life to its full.

We are constantly seeking to improve our models of care to ensure residents receive the highest quality of service possible.

As the ageing population continues to grow significantly with increasingly complex conditions requiring higher levels of care, we need to invest in innovative aged care research, designed to enhance the quality of life for our residents.

With the support of our generous donors, we have supported valuable research into residential aged care with Charles Sturt University to improve models of care for seniors, advance research, boost staff education, and enhance clinical practice, but we continue to need your help.

Your donation will help us to continue this research and support a sustainable future for your loved one.

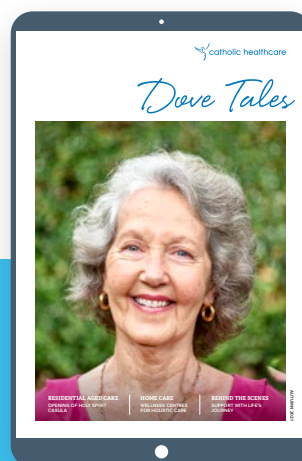
catholichealthcare.com.au

Catholic Healthcare is a leading not-for-profit provider of residential aged care, home care, retirement living villages and healthcare reaching across the east coast of Australia.



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Macquarie Park NSW 2113

catholichealthcare.com.au



DOVE TALES IS ALSO
AVAILABLE ONLINE

catholichealthcare.com.au