



St Paul's

NORTHBRIDGE
RESIDENTIAL AGED CARE



Welcome to St Paul's Northbridge

St Paul's is a beautiful boutique multi-storey Home located on Sydney's leafy lower north shore offering quality accommodation.

St Paul's is one of our premium Homes featuring Dove Plus, a range of exceptional lifestyle services for residents to enjoy. Our dedicated staff will get to know you, what's important to you and what makes you smile. Working together with you, our team will develop a tailored care plan focused on enriching your health, wellbeing and day-to-day living.

Lifestyle

PREMIUM ACCOMMODATION AND CARE

St Paul's offers comfort and security, with 24 hour, seven day a week registered nursing care.

Our 40 private rooms with ensuites include 22 suites with sitting rooms.

FEATURES AND AMENITIES

- Ensuite bathrooms
- Air conditioning
- Television and telephone connection
- Large activities and games rooms
- Dining and family rooms
- Landscaped gardens and courtyards
- TV rooms with large screen TVs
- Hairdressing salon
- BBQ area

“My mum is very happy with the care she is getting. All the staff are kind and her room is nice and clean. All my interactions with the staff have been very good. Everyone is very responsive and assuring.

ANNE, RELATIVE

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EVENTS AND ACTIVITIES

At St Paul's, there is a broad range of events, activities and interests to participate in and enjoy.

These include:

- Arts and crafts
- Exercise classes
- School children visits to our Home
- Social activities, outings and bus trips
- Personalised lifestyle activities



FOOD PHILOSOPHY

Our homestyle dining experience offers delicious and nutritionally balanced meals prepared onsite by our chef using fresh seasonal produce.

Our changing menus reflect resident choice and draws on a range of cuisines, from Italian to Asian inspired dishes to traditional Aussie favourites.



About Catholic Healthcare

Catholic Healthcare has been providing quality aged care since 1994. We strive to enhance the lives of our residents, guided by our values of Courage, Compassion and Integrity.

As a trusted not-for-profit provider, we offer services to nurture the body, mind and spirit. Our proceeds are reinvested into improving quality and access to care for senior Australians.



High customer
satisfaction



Not
for profit



Trusted in your
local community

Our approach to care

Our approach to care is focused on enriching the lives of our residents, placing you at the centre of everything we do. Our professional and caring staff take the time to really get to know you, from the meals you like (and dislike) to your interests and what's important to you. We do our best every day to bring you the comforts of home and the connections of genuine community.

Our approach to care helps to build a warm and welcoming environment where residents feel comfortable to have their say. Your *Care Plan* is created in partnership with you and guides us in understanding how you would like to live each day to enhance your independence, health, wellbeing and quality of life.



Contact us:

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